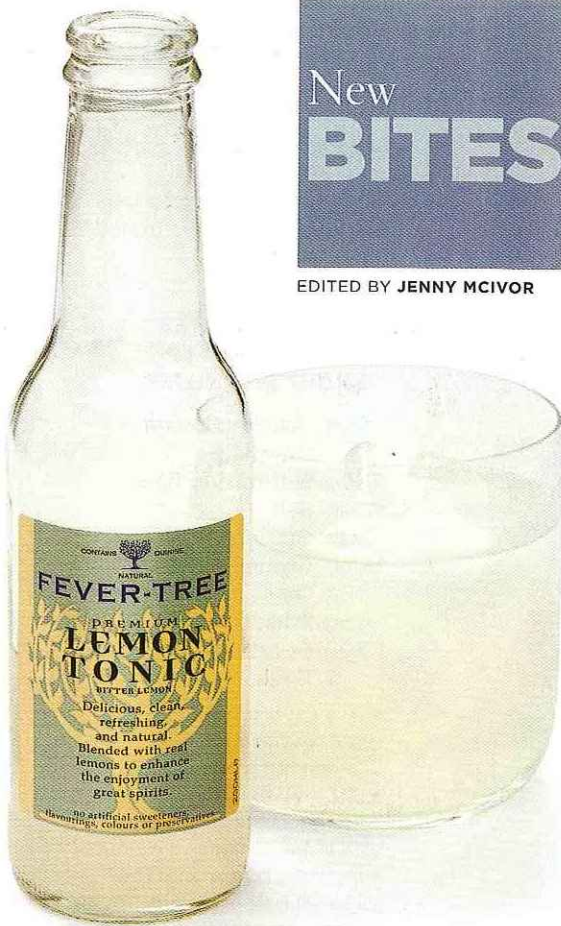


New
BITES

EDITED BY JENNY MCIVOR



DRINK...

LEMON TONIC

In another age, it would have been called bitter lemon. But top soft-drinks brand Fever Tree has instead called its latest blend – of Sicilian lemon juice and oil, cane sugar, natural quinine and sparkling spring water – Lemon Tonic. Drink it with vodka, or straight, over ice. *£2.99/4 x 200ml*



ADD HEAT...

FIERY HORSERADISH

Traclements Strong Horseradish & Cream sauce isn't for those wary of the hot stuff – the fresh root used is not only all-British, but is also included in pretty fiery quantities – at a sinus-blasting 62 per cent, in fact. Lightweights can tame the heat with the addition of a little crème fraîche. But either way, the sauce is great with smoked trout, eel and fish pâté and is, of course, more or less mandatory with Sunday roast beef. *£2.40/140g*



DEVOUR...

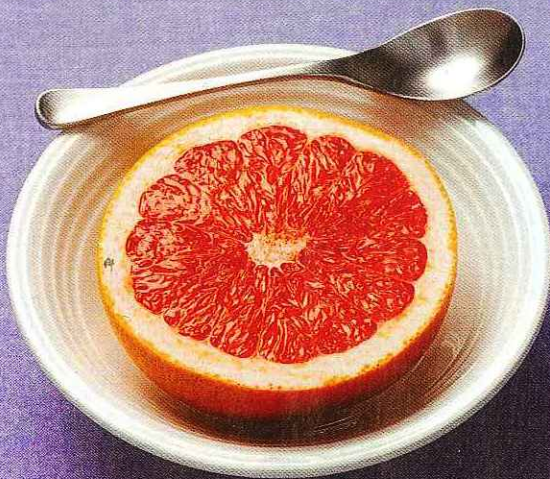
TASTY PASTRY

Croissants on demand? Surely something only a pampered individual could expect. Not now that Mini French Butter Croissants have joined the Waitrose Frozen range. Each pack contains 15 very light, flaky, cute and delicious mini croissants, authentically made with charentes butter. And because they're frozen on the day that they're baked, they're as fresh as if they were straight from the oven, and have no chemical nasties, either. Stash a pack in the freezer for when croissant cravings next strike. *£2.99/15*

IN SEASON

PINK FLORIDA GRAPEFRUIT

WHAT? Pink Florida grapefruit – starting to peak now. **WHY?** It's the don of grapefruits – sweeter, juicier and, with its blush-coloured flesh, prettier than your average. **HOW?** Slice in half, sprinkle with sugar and grill until caramelised, for a charmingly retro, '70s-style breakfast; squeeze the juice into a vinaigrette for a prawn and avocado salad; or have it just as it is. *From 69p each*



VIP

When **Christian Konig** and his wife, Catarina, couldn't find any wheat- and gluten-free products that they liked, they decided to make their own, launching **Hale & Hearty**, a range of wholesome 'free from' foods. Its new products are quinoa-based cereals: Choco Jungle Pops and Honey Bee Pops, for kids and adults alike. Konig's tip? "I like mine with yogurt for the contrast in textures." *From £2.69/275g*



Something for the weekend Slash the cost of your meat bill with the new Waitrose 'Cut of the Day' offer (Thurs–Sun) on cuts such as lamb and beef joints, ox cheeks and sausages.